

Abstrakt

Title: Attitudes and opinions of the adolescents at the age of 15 – 18 to the sport and movement activities

Objectives: The establishment and comparison of the opinions and attitudes to movement activities and sport in teenagers was the main objective of this thesis. PASA questionnaire focused on 15 – 18 years old secondary schools students was applied.

Methods: A method of the written interviewing using PASA questionnaire was used. This questionnaire was widespread some 15 years ago, yet we made a pre-testing sample and some questions were modified. By means of the PASA questionnaire we asked about opinions and attitudes of the adolescents concerning the movement activities and sport in light of the psycho-social, real movement and sport activities, of the exploitation of the available physical education and sport facilities etc. The research was effected at selected secondary schools in the Czech Republic.

Results: The obtained data were statistically processed and the results are presented in the aggregate tables stating the statistically significant differences between sex, age groups. A part of the thesis is the comparison of our result with a research carried out in 2000 (Slepička et. al., 2001).

Key words: adolescent, physical activity, sports, interviews, secondary school